



Getting Ahead – Career Advancement Strategies

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### **Don't Take Work Stress Home with You**

After a long day at the office, many of us find ourselves taking out our stress on friends, children, or significant others. And if we're not careful...

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Lessons from Leaders - In-depth Profiles

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### **Beth Comstock: Being an Introverted Leader in an Extroverted Business World**

As Vice Chair, Comstock leads GE's efforts to accelerate new growth. She operates GE Business Innovations, which develops...

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Coaching Corner – Joel's Article of the Week

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### **Is Your Trust Factor Slipping? 5 Tips to Increase Employee Trust**

Trust is a key element in all human interactions. Nowhere is it more important than in a work environment. Yet, often leaders...

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Career Central - Tips for Career Changers

### Five Steps to Getting Rehired by a Former Employer

After eight years, Mike Montour left New York City-based LivePerson, Inc., a 1,200-person provider of mobile and online messaging...

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Joel In The News - Interviewed by Top Media Outlets

### 5 Best Practices for Career Reinvention

Career reinvention does not happen overnight. The process involved a variety of steps to help ensure that you're moving...

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### Upcoming Speaking Engagements

January 26<sup>th</sup>, 2016 in Oakland, California

**Lead With Influence**  
PBWC (Professional BusinessWomen of California)  
Community Event at Kaiser

### Weekly 2 min Video Message



[Being Memorable at Work](#)

### Current Executive Coaching Engagements



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- **Playing sports is a sign of leadership potential.** 74% say that a background in sports can help accelerate a woman's career and 61% say that sporting involvement has contributed to their own career success (EY).
- **Friends and finances:** 52% said it's important to surround themselves with people who they feel are financially secure.

### 300+ Articles For Your Development Written by Joel

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*"Give whatever you are doing and whoever you are with the gift of your attention."*

~ Jim Rohn

*"One important key to success is self-confidence. An important key to self-confidence is preparation."*

~ Arthur Ashe

Books Authored by Joel A. Garfinkle

**Gain the Competitive Edge In Your Career**



Garfinkle Executive Coaching - The top online resource for creating fulfillment at work.  
**Recognized as one of the best:** Acknowledged as one of the top 50 executive coaches in America.  
Global Gurus named Joel #15 on its list of [top 30 global coaching experts](#).

Garfinkle Executive Coaching 6918 Thornhill Drive oakland, CA 94611 USA  
Tel: 510-339-3201 • Email: [joel@garfinkleexecutivecoaching.com](mailto:joel@garfinkleexecutivecoaching.com)



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