

Subscribe

Past Issues

Translate ▾

RSS 

February 26, 2020 • Vol 24, Issue 8

Share email:     

[View email in browser](#)



Get Inspired in under 2-Minutes  
(click video below)



Watch the Video

Subscribe to [Joel's YouTube Channel](#) to view more weekly videos.

Visit [www.joelinspirationalspeaker.com](http://www.joelinspirationalspeaker.com) for more information about Joel's Corporate Training and Speaking Services.

## How to Break Up With Your Bad Habits

Breaking habits is hard. We all know this, whether we've failed our latest diet (again), or felt the pull to refresh our Instagram feed instead of making progress on a work project that is past due. This is largely because we are constantly barraged by stimuli engineered to make us crave and consume...

[Continue Reading](#)

## How to Manage Your Energy Like Tom Brady

Whether or not you're a New England Patriot's fan, you have to acknowledge that Tom Brady is the GOAT. Even though the quarterback doesn't like the "greatest of all time" label, winning six Super Bowl titles cements his position - at least until someone beats his record...

[Continue Reading](#)

## Management Succession Planning with Personality Assessments

Fidel understood that personality type was only part of the equation in management succession planning, but it was still important. "The company needs all of the personality types to function optimally," Fidel said. "I realized part of my job was to create an atmosphere of respect for each personality type, so they felt free to bring their strengths to the table"...

[Continue Reading](#)

## I've reviewed hundreds of entry-level resumes. Here's what it takes to get my attention.

Employers are looking for bright all-rounders who not only have the right skills and qualifications but also show clear initiative, strong motivation to succeed, and a great attitude to boot. With that in mind, here are the four critical factors that most successful entry-level resumes have in common...

[Continue Reading](#)

## Shy at work? 7 Ways to Speak Up


People hesitate to speak up for all kinds of reasons ranging from simple shyness, to perfectionism to fear of confrontation. But, whatever is holding you back, Joel Garfinkle offers these seven suggestions...

[Continue Reading](#)

Share this email:

 Tweet

 Share

 Share

 +1

 Forward

### Upcoming Speaking Engagements

#### Executive Presence: 4 Ways to Convey Confidence and Command Respect as a Leader

Genentech - San Francisco, CA

February 26<sup>th</sup> 2020

#### Stop Avoiding Difficult Conversations: Practical Tactics for Crucial Communication

Webinar

March 10<sup>th</sup> 2020 - 1pm Eastern/10am PST

[View Details](#)

### Current Executive Coaching Engagements



Learn more about hiring Joel for your [Executive Coaching](#) or [Corporate Speaking and Training](#) needs.



- **Threats to your job:** 77% of employees thought there were threats to their current job like new management (20%), toxic boss or working environment (19%), layoffs (17%), recession (16%) and younger coworkers (15%). (Monster)
- **Environmentally friendly employers:** More than 10% of employees would take a salary decrease of \$5,000-\$10,000 each year and 3% would accept a decrease of more than \$10,000 to work at an environmentally friendly and socially responsible employer. (Swytch)

## 300+ Articles For Your Development Written by Joel

(Leadership, Management, Work Issues, Productivity and Career Advancement)

[Read Free Articles](#)



*"Leadership is lifting a person's vision to high sights, the raising of a person's performance to a higher standard, the building of a personality beyond its normal limitations" ~Peter Drucker*

*"If someone offers you an amazing opportunity but you aren't sure you can do it, say yes, then learn how to do it later" ~Richard Branson*

Books Authored by Joel A. Garfinkle

### Gain the Competitive Edge In Your Career



Garfinkle Executive Coaching - The top online resource for creating fulfillment at work.  
**Recognized as one of the best:** Acknowledged as one of the top 50 executive coaches in America.  
Global Gurus named Joel #15 on its list of [top 30 global coaching experts](#).

Garfinkle Executive Coaching 6918 Thornhill Drive oakland, CA 94611 USA  
Tel: 510-339-3201 • Email: [joel@garfinkleexecutivecoaching.com](mailto:joel@garfinkleexecutivecoaching.com)



Copyright © 2020 Joel A. Garfinkle. All rights reserved.  
We welcome your feedback. Let us know how we can better improve our newsletter, [send us an email](#).