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How to Raise Your Curiosity Quotient

Recent studies suggest that not only does curiosity make you more likely to remember information you find interesting; it may also prime your brain to better remember things in general. But how do you go about fostering your CQ in a sea of facts and figures? The key lies not in consuming more, but in encouraging yourself to consume better...

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New Zealand's Prime Minister May Be the Most Effective Leader on the Planet

Jacinda Ardern, the 39 year-old prime minister of New Zealand, is forging a path of her own. Her leadership style is one of empathy in a crisis that tempts people to fend for themselves. Her messages are clear, consistent, and somehow sobering and soothing. And her approach isn't just resonating with her people on an emotional level...

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What does it take to be a good team player?

Are you a good team player? If you think the answer is yes, check to be sure, using these prerequisites drawn from the qualities that consultants Joel Garfinkle outlines on his Career Advancement blog and Marty Brounstein shares on Dummies.com...

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- **Getting through an interview: What are the six most common interview blunders?** Want to ace that interview? Here are the top things NOT to do during that interview: 59% talking while chewing gum, 63% dissing their job, 66% appearing arrogant, 69% appearing disinterested, 69% wearing the wrong attire, and 71% answering a phone call. (USA Today)
- **Highly educated workers among the most satisfied with their jobs:** About half (49%) of American workers say they are very satisfied with their current job. Three-in-ten are somewhat satisfied, and the remainder say they are somewhat dissatisfied (9%) or very dissatisfied (6%) (Pew Research Center)

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"One of the most important things for any leader is to never let anyone else define who you are. And you define who you are. I never think of myself as being a woman CEO of this company. I think of myself as a steward of a great institution." ~Ginni Rometty, CEO of IBM

"Don't limit yourself. Many people limit themselves to what they think they can do. You can go as far as your mind lets you. What you believe, remember, you can achieve." ~Mary Kay Ash

Books Authored by Joel A. Garfinkle

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