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How to Thrive as a Leader facing Uncertainty, Ambiguity and Change

Uncertainty makes us deeply uncomfortable. It plays a major role in causing stress, followed by the negative repercussions of that stress. To change how uncertainty affects us, we need to change how we respond to it. Now is the time to radiate executive presence as a leader, in these five key ways...

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This Former Computer Scientist Pivoted to Film/TV and Built an Emmy-Nominated Production Company. Here's How:

It was 2009, and Mandela was seated in his namesake foundation's screening room in Johannesburg, South Africa. At some points, Mandela laughed. Other scenes made his eyes fill with tears. All the while, the film's producer Lori McCreary watched him...

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It can be hard to avoid time wasters at work, especially in the digital world we live in. But if you can identify where you're wasting your time, it's easier to eliminate the time wasters and fully take advantage of your time at work...

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Business Networking Trends Worthy of Your Serious Attention in 2020

There's no arguing that networking is still one of the most important parts of growing your business. Choosing your best methods for networking, however, has become a somewhat divisive topic. In order to help you be more effective at converting initial interactions into something more, here are a few of the biggest networking trends...

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How to Speak More Confidently in Meetings

Meetings can often showcase an individual's ability to 'think outside the box' and come up with a solution to a complex business problem. But if you're consistently quiet in meetings, rarely making a contribution, this can unfortunately (and in some cases, unfairly) be mistaken for lack of interest...

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- **In 2019, 94% of American workers report experiencing stress at their workplace:** According to Wrike's United States stress statistics from 2019, only 6% of workers don't report feeling stressed at work. Around 23% of them described their stress levels as high, while 6% said their stress levels were unreasonably high. This statistic indicates that working in a stressful environment is the rule, not the exception. (Wrike)
- **Employee job satisfaction:** Workers with a postgraduate degree are the most likely to say their job gives them a sense of identity (77%), while 60% with a bachelor's degree, 48% of those with some college education and about four-in-ten (38%) of those with a high school diploma or less say the same. (Pew Social Trends)

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"If 'leadership' has come to be known as something much bigger than us, aligned to changing the world, then we are spending way too much time celebrating things that hardly anyone can do and not celebrating things we can do every day."

~Drew Dudley, founder of Day One Leadership

"Try not to become a man of success, but a man of value. Look around at how people want to get more out of life than they put in. A man of value will give more than he receives. Be creative, but make sure that what you create is not a curse for mankind." ~Albert Einstein

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